

LIFE LESSONS FOR AIDAN JOSEPH KEALY

Adding laughter when people are down is the best way to pick them up
In every dark cloud try to do everything you can to find the silver lining
During times of sadness try to remember times that make you happy
Anyone that can't make you smile, shouldn't be able to make you cry
Negative thoughts can always be erase by positive actions

Just being there is sometimes all you need to do to help someone
Open a door to something good by closing a door on something bad
Smallest gestures of kindness will erase the biggest acts of cruelty
Echoing others ideas will usually prevent you from forming your own
Picking yourself up is the best response when something knocks you down
Hoping for something good to happen is good, making good things happen is better

Keeping your back to the wind will always get you travelling in the right direction
Embrace other people's wisdom with an open mind
Always know you will never be lonely if you allow new people into your life
Leaving the past behind is the best way for you to focus on the future
Years of living is the only way to learn the lessons life has to teach you

J. Mattes

7/2/13