

LIFE LESSONS FOR NASH PARKER PETERSON

Not taking any risks will deny you the feeling of accomplishment

Any nightmares can be replaced with sweet dream if you think happy thoughts

Slowing down to correct your mistakes shouldn't stop you from reaching your goals

Happiness is a gift that should be shared with other people

Planning ahead is good, however you must be prepared for when the plan changes

As you grow old always remember the things that make you feel young

Rolling with the waves is sometimes better than standing on the shore

Keeping sad feelings from coming out will prevent happy feelings from coming in

Earning someone's respect requires respecting people around you

Rules are sometimes meant to be broken they key is knowing what rules to break

Point out peoples strong points is better than pointing out their short comings

Earning someone's trust is one of the greatest gifts you can ever receive

Taking one step at a time doesn't mean you should never take a leap of faith

Encouraging other people to share their feelings with you makes you a better person

Realize everyone has their own problems the key is how we deal with them

Stand up for what you believe in no matter how many people tell you to sit down

Obstacles always seem impassable but there's always a way to navigate around them

No matter how many lessons life teaches you, there's always something new to learn

J. Mattes

5/16/15